

No One Eats Alone® Program FAQs

<u>Centene School Form Sign-Up Hub</u> ←-BOOKMARK THIS PAGE!

When is NOEA Day?

NOEA Day is February 16, 2024, but can be celebrated at anytime throughout the school year.

What if a school has already signed up without Centene's assistance?

No worries! You do not need to sign them up again using the Centene form. We will check on the back end if they have signed up, and will mark it as a Centene school. Please record the name of the school even if they sign up on their end, so we can track it.

What if I need help finding schools in my area to recruit?

Please reach out to our Partnership Success Coordinator, Janessa, at <u>janessasoucy@beyonddifferences.org</u> for support with this!

How many Belonging Boxes (formerly called activity kits) will I receive? How many students can participate with each activity kit?

We will send one box for every Centene School. Your kits will be built to support 500 students with the art project. There will be an increased number of wristbands (80) and 100 stickers available to give out. We encourage you to order additional merch now from your healthcare plan on it to distribute to students, should you want to give more out if you do a school press event. The Belonging Boxes will contain:



- One NOEA backpack
- Hundreds of paper cut-outs like flower petals, leaves, and clouds to create a community mural shaped like a garden (prompts will be provided for students to write on these)
- An info sheet with a QR code to link to the NOEA curriculum, including updated Belonging Boosters (formerly Conversation Cards) to use at lunchtime and instructions on how to run a NOEA Day
- A large NOEA sticker decal
- 50 Smaller NOEA stickers and 50 wristbands to pass out to NOEA Day Student Leaders and active participants
- 8 NOEA balloons
- Surprise gift for one NOEA adult school champion at the site.
- Mural Paper

What are some key talking points to help me convince schools to sign up?

- Our leading No One Eats Alone[®] initiative centers around a national day of action. A comprehensive set of school-based activities and lesson plans encourage youth to sit with others, find new friends, and model ways to end social isolation.
- Over 2,000 schools participate every year.
- Our NOEA program is listed as a <u>top recommendation</u> to foster social connection in schools by the Surgeon General's Office.

- In addition to supplies for the community mural, you will also receive digital versions of Belonging Boosters (formerly called Conversation Cards) and other activities to help students conversate with someone new at lunch.
- NOEA Day can be celebrated anytime other than February 16th, and Conversation Cards can be used anytime for brain breaks during class, group counseling sessions, club meetings, etc. They are designed for students to connect with each other in a low-stakes way.

Do I need to promote the other lesson plans with NOEA Day?

It is not mandatory, as your focus is encouraging schools to celebrate NOEA Day! This can be a great talking point to encourage schools to sign up, and to let them know that they have additional access to lesson plans that teachers can do leading up to NOEA Day at no cost. YOU DO NOT NEED to teach those lessons on NOEA Day.

What is the main art project for NOEA Day?



It is called **Let's Grow: Planting Social Connections.** Students create a community mural together, and have a choice of which prompt to respond to that will culminate in a a garden landscape. The prompts are located on the left.

Where can I find instructions to facilitate the community mural?

A link to instructions will be located on the NOEA section of our <u>Curriculum Hub</u> page when published (in late December 2023, early January 2024). The link will be shared with Centene representatives once ready.

Are there additional trainings coming up?

Yes! We will have a virtual workshop on January 25th at 4 pm PST on How to Run a NOEA Day. You can invite schools that you recruited to this. We will send you the link to RSVP in January.

When should I sign schools up?

We encourage you to get them signed up as early as possible, but ideally by January 15th, 2024, as it takes 3-5 days to ship activity kits, and it gives you time to review the materials prior to February 16.

Schools are closed on February 16th. Can they still participate?

Absolutely! Schools can celebrate NOEA any day!

What if I have a press opportunity with a school?

Please reach out to your Senior PR Manager if you have an opportunity with a school first for guidance.