Beyond Differences® provides Social & Emotional Learning curriculum along with a backpack full of supplies to schools to celebrate National No One Eats Alone® Day!

All resources & supplies are provided FREE of charge to schools thanks to The Centene Charitable Foundation!!

**Beyond Differences® Day**

*Bringing Back the Joy of (in person) Connection!*

February 18, 2022

No One Eats Alone®

a project of Beyond Differences

sponsored by The Centene Charitable Foundation

Beyond Differences® is a student-led social justice movement and the only organization dedicated to ending social isolation by empowering students to become activists and change the culture of middle school.

**WHY**

- **Social isolation** is a preventable public-health crisis affecting millions of students and has been identified as a precursor to bullying, self-harm and community violence.

- Studies indicate the negative impacts of **social isolation** include increased rates of academic failure and truancy, and increased risk of adverse medical outcomes including poor cardiovascular health, obesity and substance abuse.

- Students have shown that given the tools, they will stand up for others as empathetic and caring activists, not passive bystanders. These students are making inclusion the new cool in school.

**WHAT**

**No One Eats Alone® Day** was created by Beyond Differences to encourage children to eat lunch with students they don’t know, and spot others who might feel left out and include them!

**In 2012:** No One Eats Alone Day was piloted in a handful of middle schools in Marin County, California.

**In 2020:** More than 1,000,000 students in over 2,700 schools participated in National No One Eats Alone Day.

**In 2022:** No One Eats Alone Day is Bringing Back the Joy of (in person) Connection.

NoOneEatsAlone.org

#NoOneEatsAlone