

Beyond Differences® provides Social & Emotional Learning curriculum along with a backpack full of supplies to schools to celebrate **National No One Eats Alone® Day!**

BEYOND DIFFERENCES®

Inspiring Youth to End Social Isolation

All resources & supplies are provided FREE of charge to schools thanks to The Centene Charitable Foundation!!

National No One Eats Alone® Day

Bringing Back the Joy of (in person) Connection!

February 18, 2022



NO ONE EATS ALONE

a project of Beyond Differences
sponsored by The Centene Charitable Foundation



Beyond Differences® is a student-led social justice movement and the only organization dedicated to ending **social isolation** by empowering students to become activists and change the culture of middle school.

WHY

- **Social isolation** is a preventable public-health crisis affecting millions of students and has been identified as a precursor to bullying, self-harm and community violence.
- Studies indicate the negative impacts of **social isolation** include increased rates of academic failure and truancy, and increased risk of adverse medical outcomes including poor cardiovascular health, obesity and substance abuse.
- Students have shown that given the tools, they will stand up for others as empathetic and caring activists, not passive bystanders. These students are making ***inclusion the new cool in school.***

WHAT

No One Eats Alone® Day was created by Beyond Differences to encourage children to eat lunch with students they don't know, and spot others who might feel left out and include them!

In 2012: No One Eats Alone Day was piloted in a handful of middle schools in Marin County, California.

In 2020: More than **1,000,000** students in over **2,700** schools participated in National **No One Eats Alone Day**.

In 2022: No One Eats Alone Day is Bringing Back the Joy of (in person) Connection.

NoOneEatsAlone.org
#NoOneEatsAlone