



## Overnight Teen Board Retreat (Grades 9-12)

### Introduction

*Beyond Differences Teen Board Retreat is a free leadership retreat that bonds our teen board together. This is a mandatory event for all members of the teen board. At the retreat they will gain skills in leadership, inclusion practices, public speaking, and learn how to advocate for change in the community. In particular, we set teen board goals for the year, so teen board members can model Beyond Differences' values of leadership, acceptance, and inclusion.*

### Parent Meeting

**When:** Please selecting a date that is prior to the date your student is attending the retreat.

- Thursday, September 6<sup>th</sup> from 6:30- 7:30pm
- Wednesday, September 12<sup>th</sup> from 6:30- 7:30pm

**Where:** Beyond Differences, 711 Grand Ave, Suite 200, San Rafael, CA 94901

### FAQs

**When:** Your student will come on **one** of the following dates:

- September 8<sup>th</sup> and 9<sup>th</sup> 2018
- September 15<sup>th</sup> and 16<sup>th</sup> 2018

**Where (North Bay):** Drop-off is at 8:00am on Saturday at the Beyond Differences Office at 711 Grand Avenue, San Rafael. Pick-up is at 4:00pm on Sunday at the Beyond Differences Office. Please look for a 'Beyond Differences' sign. You may leave your vehicles in the parking lot overnight.

**Where (East Bay):** Drop-off is at 7:15am on Saturday at Rockridge Bart Station. Pick-up is at 5:00pm on Sunday at Rockridge Bart Station. Please contact Louise Malandra at (510) 541-2369 for questions.

**Retreat Location:** The retreat will be held at the Marin Headlands through Nature Bridge.

**Transportation:** We have organized buses.

### **Packing Checklist**

- Water bottle!!!
- Warm jacket
- Sneakers/tennis shoes
- Change of clothes that includes layers for warmth
- Sleeping bag (or a twin sheet and a blanket) and pillow
- Toiletries (Tooth paste, tooth brush, hair brush, etc.)
- Hat/cap
- Day Backpack

### **Important Guidelines**

- Technology: Cell phones and all other forms of technology will be collected by Beyond Differences staff at the beginning of the retreat to inspire students to make friendships with other students at the retreat. **We ask that your student bring their cellphone for a special social media project.**
- If you need to contact us, please call the staff numbers listed below or call the emergency line at Nature Bridge (415-332-5771)
- **Please, no food or snacks.** We will provide all food and snacks on the retreat. When students bring food it attracts animals and creates divisions in student groups. If your child has a medical need, please talk to Beyond Differences' staff.

### **Questions**

If you have any questions, please contact:

- Alvin Gilmore, Director of Student Retreats  
□ 206.972.9590   □ [alvingilmore@beyonddifferences.org](mailto:alvingilmore@beyonddifferences.org)
- Brian McDaniels, Marin County Regional Program Manager  
□ 415.244.3452   □ [brianmcdaniels@beyonddifferences.org](mailto:brianmcdaniels@beyonddifferences.org)
- Laura Talmus, Executive Director  
□ 415.722.1382   □ [lauratalmus@beyonddifferences.org](mailto:lauratalmus@beyonddifferences.org)